



*art of nourishment*<sup>™</sup>

Our Creative Power has much to do with how we nourish ourselves

Carl Honore,

## ***“IN PRAISE OF SLOWNESS”***

Pachamama Organic Farm & Michael Brownlee

Boulder County Going Local

Dinner June 5, 6 pm

International Best Selling Author

**\$55 Includes 3 Course Dinner and Talk**  
**Reservations 303.440.8348**

1st Course

Starter with Glass of Red or White Wine

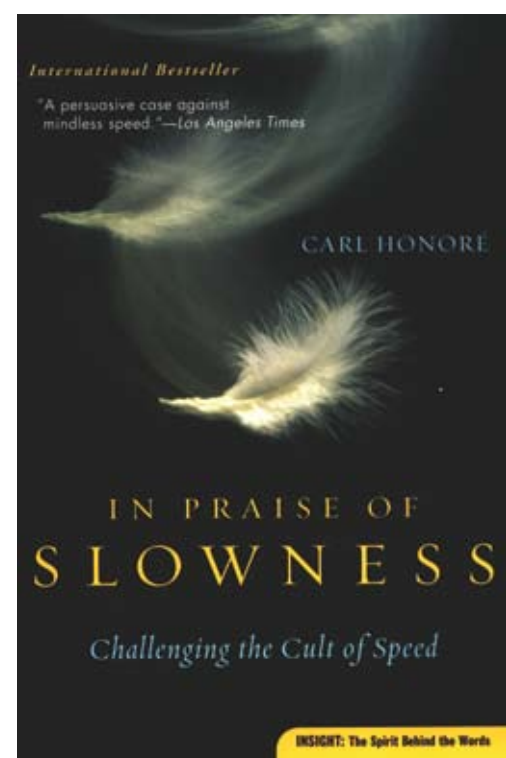
2nd Course

Choice of Seared Salmon, Grilled Polenta (veg) or  
Watermelon Radish Ravioli (raw living food/vegan)

3rd Course

Pomegranate Chocolate Torte

With 50 years of a magic bullet approach in our world we have lost our connection to what feeds us. Join us for an Art of Nourishment dinner.



“the unofficial godfather of a growing cultural shift toward slowing down.”  
**ABC News**

**ORGANICORBIT**  
eco-fine dining



Event Benefactor  
Boulder Shelter for  
the Homeless

Boulder  
Independent  
Business  
Alliance

